

Banana Bread Pudding

Disney's Old Key West Resort

Olivia's

Ingredients for Banana Bread

- 14 oz of Flour
- 6 oz of Sugar
- ¼ oz of Baking Powder
- ¼ oz of Ground Cinnamon
- 2 Eggs
- 4 oz Unsalted Butter
- 24 oz of Banana Puree
- ¼ oz of Vanilla Extract
- Pinch of Kosher Salt

Directions

1. In mixer combine dry ingredients and blend well.
2. In separate container blend wet ingredients till combined,
3. Slowly add to dry ingredients in mixer with paddle attachment moving.
4. Spray baking pans/forms with quick release spray, and fill with batter.
5. Cook in oven at 325 F until an inserted toothpick in bread comes out dry.
6. Remove from oven and pans and cool.

Ingredients for Banana Bread Pudding

- 2 lbs of Banana Bread Cubed
- 24 oz Milk
- 3 Eggs
- 1 oz of Banana Puree
- 4 oz Granulated Sugar
- ¼ oz Imitation Vanilla
- ½ oz Ground Cinnamon
- Pinch of Ground Nutmeg

Directions

1. In mixing container, combine all ingredients except cubed banana bread to form custard base.
2. Spray muffin pan/forms with quick release spray.
3. Fill each round/form with enough cubed banana bread to be level with top of form.
4. Pour custard base into each round/form to cover/soak the banana bread cubes.
5. Cook in oven at 325 F until custard base sets.
6. Chill pans/forms, then remove pudding rounds for service.

Ingredients for Banana Rum Sauce

- 6 oz Unsalted Butter
- 4 oz of Light Brown Sugar
- 32 oz Banana Puree
- Pinch Ground Nutmeg
- 2 oz Captain Morgan Spiced Rum (or another favorite)
- 1 oz Banana Liquor
- ¼ oz Imitation Vanilla

Directions

1. In sauce pan on med high heat, combine Rum and Banana Liquor.
2. Allow alcohol to flame to cook out alcohol.
3. Once alcohol is cooked out, add butter, light brown sugar, pureed banana. Allow butter and sugar to melt and combine.
4. Season at end with nutmeg and vanilla.
5. Keep warm for serving
6. Sauce can also be garnished with sliced bananas for serving.

Directions for Assembly

1 Cup - Banana Bread Pudding – 3 oz Bluebell Vanilla Ice Cream – 3 oz Banana Rum Sauce

In a bowl place a warm Banana Bread Pudding cup in center. Scoop Vanilla Ice Cream on top of round.

Pour Rum sauce(with garnished banana slices) over both.

