Chocolate Mousse Crunch

DÍSNE/P'S Animal Kingdom Lodge

Boma

Ingredients

- ½ pound Semi-sweet Chocolate
- 3 each Yolks
- 2 ½ tbsp. Sugar
- 3 sheets Gelatin
- 4 tbsp. Frangelico
- 2 cups Heavy Cream
- 5 tbsp. Puff Pastry, baked
- 7 tbsp. Semi-sweet Chocolate Squares, melted
- 5 tbsp. Praline Paste
- ½ cup Ganache (2 oz. semi-sweet chocolate and 2 oz. heavy cream)
- Chocolate Sticks for garnish

Directions

- 1. Prepare flexi pan mold, 2-inch diameter muffin shape.
- 2. Melt semi-sweet chocolate squares for mousse.
- 3. Whip heavy cream and sugar to very soft peaks.
- 4. Soften gelatin in cold water until soft. Remove excess water, then place gelatin in a small bowl with the Frangelico. Set bowl over hot water bath to dissolve gelatin.
- 5. In a large bowl, mix egg yolks into the slightly warm chocolate.
- 6. Add the warm Frangelico/gelatin mixture to the chocolate/yolk mixture.
- 7. Fold 1/3 of heavy cream/sugar mixture into the chocolate mixture. Add remaining cream mixture and mix well.
- 8. Pour into the mold, leaving about ¼ inch space on the top.
- 9. Place in freezer to set.
- 10. Melt chocolate for crunchy bottom. Add puff pastry (already baked and chopped in a food processor) and praline paste to the chocolate.
- 11. When the mousse is set, spread chocolate mixture over each mousse without unmolding them. Put back in the freezer to set.
- 12. When set, unmold mousse. Pipe a dollop of ganache on each. For ganache, melt chocolate; add cream, mix until glossy.
- 13. Put chocolate sticks on top to garnish.



