Banana Leaf Wrapped Seabass

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Boma

Ingredients

- 4 lbs. Seabass / Snapper Filet (or fish of your choice)
- Banana Leaves
- 1 Spanish Onion, Julienned
- 2 ounces garlic, chopped
- 1 ounce ginger, chopped
- 1 cup tomatoes, vine ripe, chopped
- 2 tbsp. Ground Cumin, toasted
- 2 tbsp. Ground Coriander, toasted
- ½ bunch Cilantro, chopped
- 2 tbsp. Ground Turmeric, toasted
- ♦ 1 each Red Bell Pepper, julienned
- 2 tbsp. Ground Mace, toasted
- 1 Jalapeno, sliced
- 1 Green Bell Pepper, julienned



- 1. Lay out the banana leaves and place the filet of fish in the middle
- 2. Toast all the dry ingredients and rub on the seabass
- 3. Place the rest of the ingredients on top of the fish
- 4. Wrap tightly with banana leaves and grill 3-5 minutes
- 5. Finish in the oven until the fish is done (optional)



